



George Heriot's School

Founded 1628

Job Description

Job Title: Assistant Head Rowing Coach
Responsible to: Director of PE and Sport via Head of Rowing
Hours: Part-Time, – 37 hours per week; Term Time Only
(Includes weekend work)

Summary:

The Assistant Head Rowing Coach is responsible for coaching Rowing to pupils aged 13-18 years – with particular focus on the S2 and S3 programme (J14-J15). They are required to run sessions independently, from the planning and implementation of coaching sessions through to crew selection and organisation for fixtures. The Assistant Head Rowing Coach is expected to deputise for the Head Rowing Coach in their absence and to play an active role in assisting with the management and development of the Rowing provision at Heriot's.

Key Duties and Responsibilities:

Responsible to the Director of PE and Games via the Head of Rowing, the main duties of the Assistant Head Rowing Coach include, but are not limited to:

- Lead the S2 / J14 and S3/ J15 programme.
- Assist the Head of Rowing in taking athletes through the Scotland Rowing Team and Great Britain trials process including attendance at trials, training camps and regattas.
- Contribute to crew selection for fixtures.
- Accompany the pupils to weekend fixtures including supervising children on the bus for away fixtures and overnight stays as required.
- Assume responsibility for driving the school minibus as required.
- Assist the Head of Rowing with long term planning in accordance with the Long-Term Athlete Development model.
- Analyse requirements and design and implement training sessions aimed at improving confidence and technique in required areas.
- Lead training sessions with coaches and pupils, both on land and on the water.
- Act as key holder for the Boathouse; ensure the facility is secure after use and that equipment is safely stored.
- Oversee the crews during boat loading and ensure equipment is loaded safely and securely.
- Proven competency in rigging and setting boats up for both training and racing.

- Assist the Head of Rowing with the management of a team of coaches.
- Act as a point of contact for any pupil or parent queries and escalate these as appropriate to the Head of Rowing.
- Encourage and motivate pupils both individually and as a team.
- Adhere to the Heriot's policies and procedures in relation to Health and Safety and Child Protection at all times and ensure that other staff members are also following these procedures
- Attend to First Aid requirements, escalating any problems as necessary to the Head of Rowing.
- Assist with Rowing Administration as required
- Additional work at evenings and weekends may be required in line with race fixtures

Skills and Attributes Required:

- UKCC Level 2 qualification and/or experience of Junior Trialling System essential.
- Full, clean driving license with ability and willingness to drive a minibus is essential
- Valid Basic First Aid qualification is essential.
- A proven track record of success in coaching Rowing (including coaching pupils up to Age 18) is essential.
- Proven awareness of long-term athlete development through experience and/or qualification in the area of Strength and Conditioning is required.
- Experience of organising and managing.
- Enthusiastic and inclusive approach to coaching Rowing with the ability to cater to pupils of various levels and abilities and motivating them to take part.
- Reliable and punctual at all times.
- Excellent communication skills with the confidence and ability to give clear instructions.
- IT literate with the ability to use MS Office.

Additional Information

- Candidates should have some flexibility and be available to coach at weekends, during school holidays and attend training camp normally over the Easter Break.
- This post is considered Regulated Work with Vulnerable Children and/or Protected Adults, under the Protection of Vulnerable Groups (Scotland) Act 2007. As such, the successful candidate will be required to gain membership of the PVG Scheme.

George Heriot's School is governed by George Heriot's Trust, Scottish Charity number SC011463